

FLAX/BORAGE OIL

OMEGA-3 FATTY ACIDS WITH GLA

Description

Flax/Borage Oil provides a blend of omega-3 and omega-6 fatty acids including gamma-linolenic acid (GLA). Borage (starflower) oil has a high GLA content of 22% making this a rich natural source of this unique fatty acid. Featuring natural vitamin E as d-alpha-tocopherol to preserve freshness and quality.

Health Benefits and Product Features

- ✓ Provides a blend of omega-3 and omega-6 fatty acids
- ✓ Features gamma-linolenic acid (GLA) from Borage oil
- ✓ With natural vitamin E to preserve freshness and quality

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Gluten Free



Soy Free



Dairy Free

*Not suitable
for vegetarians
and vegans*



Nutritional Information

Serving size 2 softgels

	Amount per Serving	% NRV*
Flax (Linum usitatissimum, Linseed) seed oil, fresh pressed, chemical-free extraction	1000 mg	
Providing 50% alpha linolenic acid (ALA)	450-500 mg	
Borage (Borago officinalis, Starflower) seed oil, fresh pressed, chemical-free extraction	200 mg	
Providing 22% gamma linolenic acid (GLA)	36-44 mg	
Vitamin E, 20 IU (as natural d-alpha-tocopherol)	15 mg	125%

*Nutrient Reference Value

Directions For Use

As a food supplement, take 2 softgels daily, with meals, or as directed by a healthcare professional.

Ingredients

Flax seed oil, borage seed oil, d-alpha-tocopherol. Softgel capsule (gelatin, glycerin, water).

Product Code	Size	Serving Size	Servings per container
FB2UK	250	2 Softgels	125

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.